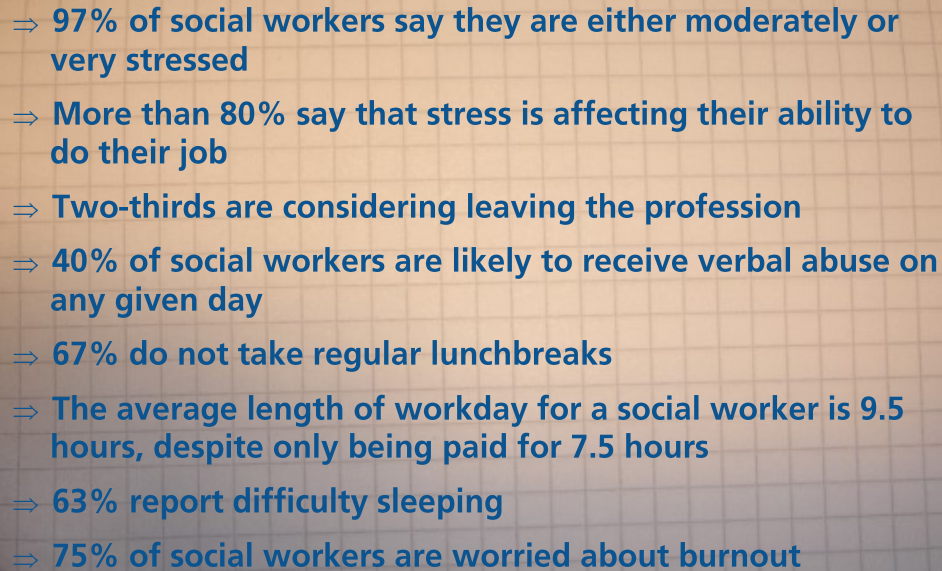


The British Association of Social Workers describe their role as:

'Working with individuals and families to help improve outcomes in their lives... helping to protect vulnerable people from harm or abuse, supporting people to live independently. Social workers support people, act as advocates and direct people to the services they may require.'¹

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- ⇒ 97% of social workers say they are either moderately or very stressed
 - ⇒ More than 80% say that stress is affecting their ability to do their job
 - ⇒ Two-thirds are considering leaving the profession
 - ⇒ 40% of social workers are likely to receive verbal abuse on any given day
 - ⇒ 67% do not take regular lunchbreaks
 - ⇒ The average length of workday for a social worker is 9.5 hours, despite only being paid for 7.5 hours
 - ⇒ 63% report difficulty sleeping
 - ⇒ 75% of social workers are worried about burnout

¹ Taken from <https://www.basw.co.uk/social-work-careers/#whatisocialwork>

Statistics from:

<http://www.communitycare.co.uk/2015/01/07/stress-stopping-job-social-workers-say/>

<http://www.communitycare.co.uk/2017/03/23/social-workers-face-emotional-distress-verbal-abuse-day/>

<http://www.communitycare.co.uk/2016/09/28/stress-impacts-social-workers-theyre-trying-cope/>

