

The Adoption triangle

The adoption triangle helps us recognise, remember and respect how an adopted child's birth family are, and will remain, a fundamental part of their identity.



If you are considering adoption, it is important that you take time to reflect on this. Use the questions below to do this.

While every situation is unique, there will always be some level of connection between an adopted child and their birth parents.

- What might this connection look like?
- How might this differ between an older and younger child?
- How might this connection continue after adoption?

As an adoptive parent, you will have a responsibility to honour your child's birth parents and, to some extent, build your own connection to them.

- What might this connection look like?
- What role should the adoptive parents have in his connection?
- Why is this connection important?

You may be given the chance to meet your child's birth parents. You may be asked to write an annual letter for them. There may even be the question of continued contact. Your child may or may not want to meet them when he or she is older. As part of your adoption assessment, you will discuss all of this with your social worker. Be honest about how you feel.

- How do you feel about this?
- Why might these things be beneficial?
- As a prospective adopter, how will you seek to understand or engage birth parents, for the sake of your child or children?